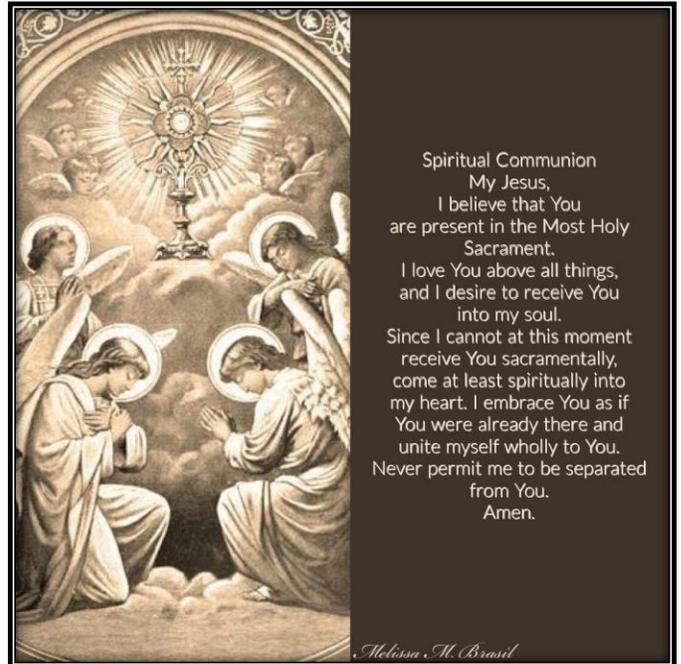




TURN YOUR ASHES INTO ACTIONS WEEK III EVEN IN YOUR OWN DWELLING PLACE

Almost three weeks have passed since millions of Catholics all around the world were sent into the Holy Season of Lent with the words: “Repent and believe in the Gospel”. On a local level, the Church in Freeport took that universal challenge, and immediately Catholics were encouraged to: “turn your ashes into actions”; not the ashes that we received on our foreheads, but the lives we have been given, remembering the other Ash Wednesday signing: “Remember you are dust, and unto dust you shall return.”

If you are looking for ways to accept and apply that challenge, you don’t have to look any further than the Holy Bible in your own dwelling place. And in light of the growing number of restrictions that are being placed upon us from both “Church and State” because of the coronavirus, it is a good thing that we don’t have to leave the confines of our own dwelling places to find those examples:



Spiritual Communion
My Jesus,
I believe that You
are present in the Most Holy
Sacrament.
I love You above all things,
and I desire to receive You
into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into
my heart. I embrace You as if
You were already there and
unite myself wholly to You.
Never permit me to be separated
from You.
Amen.

- ✠ **The Blessed Virgin Mary**, who when face to face with a message from God she didn’t understand said: “Let it be done unto me according to thy word” (Saint Luke 1:38).
- ✠ **Saint Joseph**, who after receiving God’s message, “Awoke and did as the Angel of the Lord commanded him and took his wife into his home” (Saint Matthew 1:24).
- ✠ **Saint John the Baptist**, who said to Herod (who married Herodias, the wife of his brother Philip): “It is not lawful for you to have your brother’s wife” (Saint Mark 6:17-18).
- ✠ **Saint Matthew**, who got up and followed Jesus after he heard Jesus’s call to: “Follow Me” (cf. Saint Matthew 9:9).
- ✠ **Saint Andrew and Saint Peter**, two brothers who while casting a net into the sea (they were fishermen) heard Jesus say: “Come after Me, and I will make you fishers of men. At once they left their nets and followed Him” (Saint Matthew 4: 18-19).
- ✠ **Saint John and Saint James**, two other brothers, the sons of Zebedee, who were in a boat, with their father, mending their nets, and immediately they left their boat and their father and followed Him after He called them (cf. Saint Matthew 4:21-22).

These are just a few of the many New Testament examples who turned their ashes into actions. May your encounter with them in the Scriptures help you to do the same.