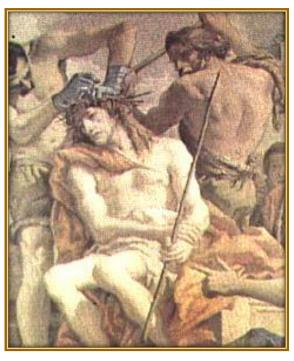


## **BELIEVE IN HIM**

Death was not the end for Christ, and sickness, suffering, and death will not be the end for those who believe in Him!

Believe not in the headlines! Believe not in the predictions of the so-called experts! Believe not in the promises of false messiahs! Believe in Him: Jesus Christ Who took flesh for you in the womb of the Blessed Virgin Mary! Believe in Him Who came forth from that womb and was born for you on Christmas Day! Believe in Him Who was obedient to Mary and Saint Joseph for you while growing up in Nazareth! Believe in Him Who was led into the desert for forty days to be tempted by the devil for you. Believe in Him Who with prayer and fasting, conquered the devil and his temptations for you! Believe in Him Who at the Wedding Feast in Cana changed water



into wine for you! Believe in Him Who at the Last Supper changed bread into His body and wine into His blood for you! Believe in Him Who was betrayed by a friend, denied by a friend, abandoned by friends, and on Good Friday, was crucified and buried for you! Believe in Him Who so loved His Father that He descended into Hell for you; rose from the dead for you, ascended into



Heaven, and sits at the right hand of His Father preparing a place for you; while remaining with you always; even until the end of the age!

Yes, believe in Jesus Christ and from Him you will receive everything you need – through Him, with Him, and in Him – to believe that just as sickness, suffering, and death was not the end for Him, it will not be the end for you for He is Risen! Truly Risen! Alleluia! Alleluia!



Please, while you may not be able to physically *come home* for Holy Mass to manifest your belief in Him, you may express that belief by taking the time to participate in Mass with assistance from your television or computer. If you have access to a computer and the internet, please visit our Parish Website at <a href="www.ohreeport.org">www.ohreeport.org</a>. If you do not have access to a computer and the internet, but can access a television, please tune into:

#### The Catholic Faith Network



Optimum Channel 29/137
Verizon FiOS TV Channel 296
Spectrum Channel 162/471

### "BE STILL, AND KNOW THAT I AM GOD"



# OUR HOLY REDEEMER IS "LIVESTREAMING" SUNDAY MASS

11:30 A.M. English 1:00 P.M. Spanish

Please visit <u>www.ohrfreeport.org</u> for more details



#### **ACT OF SPIRITUAL COMMUNION**

by: Saint. Alphonsus de Liguori:

My Jesus, I believe that Thou art present in the Most Holy Sacrament. I love Thee above all things, and I desire to receive Thee into my soul. Since I cannot at this moment receive Thee Sacramentally, come at least spiritually into my heart. I embrace Thee as if Thee were already there and unite myself wholly to Thee.

Never permit me to be separated from Thee. Amen