



**OUR HOLY REDEEMER
SCHOOL OF RELIGIOUS EDUCATION**
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2 August 2020



The OFFICE OF
RELIGIOUS
EDUCATION
IS OPEN

SUMMER OFFICES HOURS
ARE MONDAY-THURSDAY
1:00-4:00 P.M.



*HORARIO DE OFICINAS DE
VERANO ESTAN
LUNES A JUEVES
1:00-4:00 P.M.*

TO REGISTER for **FORMED**

1. Go to formed.org.
2. Click "I Belong to A Parish or Organization"
3. Begin to enter the Our Holy Redeemer in the box, and a dropdown menu will appear. Click on Our Holy Redeemer. Click NEXT
4. Enter your name and email address and then click sign-up.

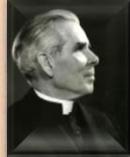
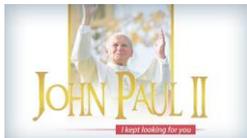
FORMED

Documentary of The Week:

John Paul II:

I Kept Looking for You

This new film is the world's biggest documentary on Pope St. John Paul II. It reveals his remarkable legacy in the history of the Church and the world, as well as how his extraordinary personality, generosity, courage, and sense of humor united people on all continents, regardless of their social status, age, or religious beliefs. It utilizes exclusive archival footage featuring St. John Paul II...Produced in HD quality, and four years in the making, it was filmed in thirteenth countries.



Week Twenty-Eight Selection

Bishop Venerable Fulton J. Sheen

ON "SACRAMENTS"

FROM THE BOOK, "THE MYSTICAL BODY OF CHRIST"

How many Sacraments has Christ chosen to vivify His Mystical Body? Since the supernatural Life is modelled upon natural life, we would expect that there be seven, and such the number actually is. But why seven? Because there are seven conditions upon which we live; five that condition our individual life, and two that condition our social life. In the individual order the first condition of all life is birth, for obviously unless I am born, I cannot live. In the supernatural order too



unless I am born to Christ, I cannot live His Life, and this is the Sacrament of Baptism. "Unless a man be born of water and of the Spirit he cannot enter the Kingdom of Heaven." The material sign of the Invisible Birth to Divine Life is water, because in the natural order water is the ordinary means of purifying, and Baptism purifies us from the stain of original sin.

Secondly, in the natural order in order to continue living, once born, a man must grow from infancy to maturity. In the supernatural order a soul must grow to a perfect cell in the Mystical Body unto the spiritual maturity which enables it to overcome obstacles against that Divine Life, and this is the Sacrament of Confirmation. The visible sign of this Sacrament is oil, for in the natural order oil is used for strengthening the muscles, and Confirmation is the Sacrament of the strengthening of faith in the Spirit of Christ who animates the Mystical Body.

Thirdly, in order to live naturally a life must nourish itself; in the supernatural order a soul must nourish the Divine Life already within it, and that is the Eucharist. The material sign of the invisible Divine Life communicated is Bread, for in the natural order bread is the ordinary means of nourishing physical life, and the Eucharist is the Food *par excellence* because it is the very Life of Christ Himself.

These three Sacraments represent in both the order of nature and grace the three vital functions of birth, growth, and nutrition...

The seven Sacraments are thus the channels by which Christ in Heaven builds up His Mystical Body on earth by the infusion of His Divine Life. They are the bridges between Christians and Christ in His Glory; the veins of the Mystical Body carrying the Blood of Redemption from the Sacred Heart to the members of that Body; the channels through which the waters of everlasting life pour forth into the garden of the soul.